

Pleasant Valley Lunch Menu

September 2019

No School

Labor Day

Chicken Mashed Potato Bowl/Breadstick

Grilled Cheese Popcorn Chicken Salad Breakfast Muffin Pack

Seasoned Carrots Diced Pears

Doritos Walking Taco Italian Cheese Dunkers Popcorn Chicken Salad

Breakfast Muffin Pack

Corn Strawberries

French Toast Sticks & Sausage

Mini Corn Dogs w/Mini Pretzels Popcorn Chicken Salad Breakfast Muffin Pack

Baked Beans **Applesauce**

Pasta w/Meatballs

Chicken Nuggets/Breadstick Popcorn Chicken Salad Breakfast Muffin Pack

Peas & Carrots **Diced Peaches**

Bruschetta Pizza

Cheeseburger Ham Chef Šalad Turkey Hoagie

CHOCOLATE PUDDING DESSERT

French Fries Fruit Cocktail

Meatball Hoagie

Grilled Cheese Ham Chef Salad Turkey Hoagie

Seasoned Carrots **Diced Pears**

Doritos Walking Taco

Hot Doa Ham Chef Salad Turkey Hoagie

Corn Strawberries

Pancakes & Sausage Mini Corn Dogs w/Crackers

Ham Chef Salad Turkey Hoagie

Hash Brown **Applesauce**

Chicken Parm w/Pasta Chicken Nuggets/Breadstick

Ham Chef Salad Turkey Hoagie

Baked Beans Diced Peaches

16

Pizza Hut Pizza

Philly Cheesesteak Chicken Caesar Salad Ham Hoagie

Cauliflower Mandarin Oranges 17

Chicken Mashed Potato Bowl/Mini Soft Pretzel

Ham & Cheese Melt Chicken Caesar Salad Ham Hoagie

Seasoned Peas **Diced Pears**

18

Nachos Grande

Hot Dog Chicken Caesar Salad Ham Hoagie

Corn Grapes 19

Waffles & Sausage

Popcorn Chicken w/Roll Chicken Caesar Salad Ham Hoagie

Hash Brown Apple Slices 20

Pasta w/ Meatballs

Chicken Tenders/Roll Chicken Caesar Salad Ham Hoagie

Seasoned Carrots Diced Peaches

23

Cheese Pizza

Cheeseburger All American Chef Salad Chicken Ranch Wrap

CHOCOLATE PUDDING DESSERT

Green Beans Fruit Cocktail

24

General Tso's Popcorn Chicken/Rice

Grilled Cheese All American Chef Salad Chicken Ranch Wrap

Steamed Broccoli **Diced Pears**

25

Chicken Soft Tacos Italian Cheese Dunkers

All American Chef Salad Chicken Ranch Wrap

Corn Strawberries 26 National Pancake Day

Pancakes & Sausage

Mini Corn Dogs w/Goldfish All American Chef Salad Chicken Ranch Wrap

Baked Beans Applesauce

Sausage/Egg/Cheese Bagel Melt

Chicken Nuggets/Breadstick All American Chef Salad Chicken Ranch Wrap

Tater Tots Diced Peaches

30

Pizza Hut Pizza

Chicken Quesadilla w/Rice Grilled Chicken Salad Italian Hoagie

French Fries Mandarin Oranges





Just like September is the start of the new school year, breakfast is the start of a healthy day! Try eating breakfast before school starts!

Daily Features:

Grab N Go Flatbread Pizza Kit Yogurt Parfait WG Pretzel/Cheese Stick/Trix Yogurt Chicken Patty Sandwich SunButter & Jelly Sandwich Apples, Oranges & Bananas

Veggies May Include:

Baby Carrots, Broccoli Florets, Red Pepper Strips, Cucumber Slices, Grape Tomatoes & Celery Sticks

Available Daily:

Fat-Free and 1% white milk as well as Fat-Free flavored milk choices



